



ANNUAL REPORT “2020-21”

AADHAR FOUNDATION

“Rehabilitation, Development
& Inclusive Livelihood
Resource Centre
For Persons with Disabilities,
Women & Child,
Needy and Poor



आधार फाउण्डेशन
निःशक्त व्यक्तियों,
महिलाओं व बच्चों
के लिए
पुनर्वास एवं समावाशत
आजावका सन्साधन कद्र



नरेन्द्र आयुष ढाबा के पीछे,
पंचवटी वार्ड नं 48,
परासिया रोड़, पोआमा,
छिंदवाड़ा (म.प्र.) - 480001



Opp. Narendra Ayush Dhaba,
Panchwati Ward No. 48,
Parasia Road, Poama,
Chhindwara (M. P.) – 480001

फोन नं. Phone No.: **08989173581, 09589609496**

ई-मेल Email : aadhar.foundation@rediffmail.com, maheshkinth@rediffmail.com

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ACRONYM : **AF-RAILRC**

FULL NAME : **AADHAR FOUNDATION**

LAW UNDER ORGANIZATION HAS REGISTERED

- Registered under Madhya Pradesh Govt. Firms & Societies Registration Act 1973, date 24/10/2011
- Regd. Under Foreign Contribution (Regulation) Act, 2010 by Ministry of Home Affairs, Govt. of India.
- Registered under Section 50 of Rights of Persons with Disability Act “RPWD Act” 2016 (Section 52 of PwD Act 1995 - Equal Opportunity, Protection of Rights and Full Participation)
- Recognized by Social Justice & Disabled Welfare Department, Govt. of Madhya Pradesh
- Registered under 12 A (a) of Income Tax Act 1961 of Govt. of India
- Regd. under 80G of Income Tax Act 1961 of Govt. of India
- Regd. Under THE NATIONAL TRUST for the welfare of persons with Autism, Cerebral Palsy, Mental Retardation & Multiple Disabilities (Ministry of Social, Justice & Empowerment, Govt. of India)

INTRODUCTION & BACKGROUND

“Aadhar Foundation is a registered charitable, not profit and non-govt. civil society organization.

AF-RAILRC prime motto is rehabilitation, development, capacity building, training for livelihood and welfare services to Intellectually & Physically Challenged, Women & Child, Poor and Needy of the society and to serve the poor and the under privileged, with special attention to Children with disabilities.

In 2010 Aadhar Foundation is founded by Disabled Social Activist Er. Mahesh Kinth with the association of like minded peoples and “Rehabilitation & Development and Inclusive Livelihood Resource Centre” was formally established in April, 2011. Primarily for the socio-economically deprived, so it was free, including food and stay for the absolute needy, Supported by personal contribution, individual donations and the community and which still continues.

The types of activities undertaken by Aadhar Foundation are Samarth-cum-Gharaunda Centre, Disha – Early Intervention & School Readiness Centre, Vikas - Day Care Centre, Gharaunda – Group Home for Adult, Rehabilitation & Development Centre and Special School for Persons with Intellectual & Developmental Disabilities, Girls Hostel for Children with Special Needs (Class 1st – 8th), Hostel for Girls with Disabilities (9th to 12th), Home for Orphan & Destitute Girls, Sahyogi – Training for Care-takers, Niramaya – Health Insurance Programme, Legal Guardianship Programme, Hand Wash – Behaviour Change Programme, Inclusive skill Training Programme etc. with the support of Ministry of Education MP Govt. (State / Distt. Education Centre), Ministry of Women & Child Development, MP (Distt. Women Empowerment Deptt.), Ministry of Social Justice, MP Govt., The National Trust (Ministry of Social Justice & Empowerment, Deptt. of Welfare of Persons with Disabilities, Govt. of India), Naman Seva Samiti, State Bank of India, Local



VISION	MISSION
Main streaming the Women, Child & Persons with Disabilities by Social Inclusion, Equal Opportunity, Protection of Rights and Full Participation.	To provide quality health services, education, vocational training and advocacy for their rights & entitlements to make them empower, self reliant & self dependent through the combined efforts of themselves, families, community, stakeholders and likeminded Govt. & Non-Govt. Agencies.

OVERALL OBJECTIVES	SPECIFIC OBJECTIVES
<ol style="list-style-type: none"> 1. AADHAR FOUNDATION is a movement for Rights & Entitlements for Women & Child and Persons with Disabilities. 2. To work for the rehabilitation & development of Persons with Disabilities through Community Based Rehabilitation and establishing Homes, Day Care Centers, Special Schools, Vocational Training Centre and Rehabilitation Institutes. 3. To work for the holistic & over all development of Women, Children of urban slum & rural areas. 4. To implement programmes / activities for over all development of SC, ST, Other Backward Classes, Minorities and Youths & Adolescents of all section of society and to implement programmes / activities for Elderly Persons to live comfortable life with dignity and honour. 5. To aware the community for AIDS / HIV and De-addiction (Against Drug Abuse) and implement programmes for the rehabilitation of Addict and AIDS / HIV positive Person. 6. To aware the people for their Better Health, Hygiene & Sanitation to build a Healthy Nation. 7. To motivate the people to protect environment and re-establishment of Traditional Values of Agriculture Rural Development. 	<ul style="list-style-type: none"> • To empower the Persons with Disabilities socially & economically through self reliance & independence by providing quality health services, intervention, qualitative Special & inclusive education, vocational training, advocacy for their cause, creating barrier free environment, lively hood activities and community based rehabilitation. • Early Identification & Intervention to reduce percentage of disabilities and number of persons with disabilities specially in rural far-flung areas. • To form Self Help & Advocacy Group (SHAG) and Disabled Person Organisation (DPO) of persons with disabilities, strengthen them. • To create an enabling environment for social inclusion of the PwDs in all fields of life by providing equal opportunities, equity & social Justice and to ensure confidence building in the PwDs so that, they can realise their aspirations. • To support spreading awareness about universal accessibility by creating an enabling and barrier-free environment that include accessible buildings, accessible transport, accessible websites and carrying out accessibility audit.

AADHAR FOUNDATION ASSOCIATIONS / PARTNERS

- Ministry of Social Justice, MP Govt. (Social Justice & Disabled Welfare Deptt.)
- The National Trust (Ministry of Social Justice & Empowerment, Deptt. of Welfare of Persons with Disabilities, Govt. of India)
- Donors – Institutional & Local

ORGANIZATIONAL VALUES	AREA OF FOCUS
<ul style="list-style-type: none"> ➤ Respect for individual ➤ Honesty ➤ Integrity ➤ Transparency in all transactions ➤ Creativity ➤ Accountability to all the actions ➤ Gender sensitivity ➤ Cost Efficiency 	<ul style="list-style-type: none"> • Empowerment of Persons with Disabilities • Rights of Child especially Differently Abled Children • Education, Inclusive & Special Education & Training • Early Identification & Intervention • Pre-vocational & Vocational Training • Health, Hygiene and Sanitation • Water Literacy • Women Empowerment & their Rights • Elderly Persons & Youth Empowerment • Community Physical Infrastructure • Free Legal Aid and Education • Democracy

PROGRAMMES AND ACTIVITIES IMPLEMENTED

1. For Persons with Intellectual Challenges, Cerebral Palsy, Autism and Multiple Challenges -
 - **SPECIAL SCHOOL** (No. of Beneficiaries - 70, Residential – 20 & Non-residential – 50)
 - **SAMARTH-CUM-GHARAUNDA CENTRE** (No. of Residential Beneficiaries - 28)
 - **AADHAR REHABILITATION & DEVELOPMENT CENTRE** (No. of Beneficiaries - 30)
 - **NIRAMAYA – HEALTH INSURANCE PROGRAMME**
 - **LEGAL GUARDIANSHIP**
 - **DISTRIBUTION OF TLM KITS & WOOLEN CLOTHS**

2. For Persons with Disabilities and Needy & Poor
 - **INCLUSIVE SKILL DEVELOPMENT TRAINING** - For Persons with Disabilities, Needy and Poor

3. **OTHER SOCIAL ACTIVITIES**
 - **WOMEN & CHILD DEVELOPMENT**
 - **SUPPORT OF NEEDY CHILDREN**
 - **PROGRAMMES AGAINST DRUG ADDICTION**
 - **WELFARE ACTIVITIES FOR ELDERLY PERSONS**
 - **WATER LITERACY ACTIVITIES**
 - **SUPPORT DURING COVID-19**

BROAD ACTIVITIES UNDERTAKEN

➤ **EARLY IDENTIFICATION & INTERVENTION**

Early intervention Services are special for infants and toddlers at risk for developmental delay. These are designed to identify and meet children's needs in five developmental areas – Physical (fine & gross Motor), Cognitive, Communication (Speech & Language), Social or Emotional, Sensory and Adaptive Development.. It is a process of detecting, assessing, diagnosing and treating the children with developmental delay during the early phase.



➤ **SPECIAL EDUCATION & PRE-SCHOOLING**

It is a purposeful intervention designed to overcome or eliminate the obstacles that keep children with disabilities from learning. It is about providing them with individualized plans of instructions to help them succeed.



➤ **OCCUPATIONAL THERAPY AND TRAINING FOR DAILY LIVING SKILLS**

It is branch of health care that helps people of all ages who have physical, sensory or cognitive problems and also help them regain independence in all areas of their lives, fine motor skills (small muscle movements made with the hands, fingers and toes such as grasping), visual-perceptual skills, cognitive (thinking) skills and sensory-processing problems.



- **PHYSIOTHERAPY** or physical therapy is health care activity which assists people to restore, maintain and maximize their strength, function, movement and overall well-being. It includes rehabilitation as well as prevention of injury and promotion of health and fitness.



- **COUNSELLING, ADVOCACY & GUIDANCE**
It helps parents, guardian, caregivers and children with challenges talk about problems and feelings in a confidential setting.



➤ **AUDITORY TRAINING AND SPEECH THERAPY**

Auditory Training is a process of teaching the brain to listen.

Speech Therapy is the assessment and treatment of communication problems and speech disorders.





➤ BEHAVIOUR MODIFICATION TRAINING

It is an effective treatment for attention deficit hyperactivity disorder (ADHD), hurting / biting self or others, abnormal behavior, fear, irritation, disobedience etc. It helps to improve a child's behavior, self-control and self esteem.

➤ PRE-VOCATIONAL TRAINING

It helps individuals develop general, non-job specific strengths and skills that contribute to employability in paid employment in an integrated community setting. These skills may include training in effective communication with supervisors, coworkers and customers, ability to follow directions, ability to complete tasks and work place problem-solving skills.



➤ **VOCATIONAL THERAPY-** It helps individuals gain productive employment by developing skills and identifying appropriate jobs.



➤ NIRAMAYA – HEALTH INSURANCE PROGRAMME AND LEGAL GUARDIANSHIP

The objective of NIRAMAYA is to provide affordable Health Insurance to Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities.

In the chairmanship of Distt. Collector Aadhar Foundation has provide Legal Guardianship to the Persons with Intellectual, Cerebral Palsy, Autism & Multiple



➤ DISTRIBUTION OF TLM KITS & WOOLEN CLOTHS TO PWDS



4. For Persons with Disabilities and Needy & Poor

❖ INCLUSIVE LIVELIHOOD RESOURCE CENTRE

The organization has provide skill training as Dairy Management & Milk Production, Vermi Compost, Stitching, Cutting & Tailoring, Beauty Parlor, Cooking, Self Help Groups, Entrepreneurship Development, etc. to women with Disabilities, parents of children with intellectual, developmental & multiple disabilities and needy & poor person.



5. OTHER SOCIAL ACTIVITES

➤ HEALTH ACTIVITIES / SUPPORT DURING THE LOCKDOWN DUE TO COVID-19

- Free Distributed of Dry Food Items to 196 needy and poor persons and 99 Persons with Disabilities.
- 10000 Mask prepared by PwDs and Staff and Free distributed.
- Medicine, Sanitizer and needy things distributed to Elderly Persons.
- Counselling during the Lockdown. .



➤ PROGRAMMES AGAINST DRUG ADDICTION

On 2nd October 2020 the Organised the awareness programme and Rally to aware the people regarding the harmful effects of drug and to make India free from drug & also to preserve the talent. Programme Organised On 31st May 2020 to raise awareness on the harmful and deadly effects of tobacco, to draw attention to the health problems that tobacco use can cause and discourage the use of tobacco in any form.

➤ WATER LITERACY ACTIVITIES

Aadhar Foundation is empanelled under "JJM- Jal Jivan Mission "with PHE – Public Health Engineering Deptt., Ministry of to conduct IEC – Information, Education & Communication Activities. The aim Of JJM is to provide safe and adequate drinking water through individual household tap connections. The organization organized IEC programme in rural areas by involving the community.



➤ SUPPORT OF NEEDY CHILDREN



➤ **WOMEN & CHILD DEVELOPMENT ACTIVITIES**

- Training for entrepreneurship development, formation of SHG – Self Help Group, Dairy Management & Milk Production, Goat Farming etc., for Sahyogi – Care Taker of Children with Disabilities and Training on – Reproductive Child Health, Early Intervention of Children, Development of Child.



➤ **WELFARE ACTIVITIES FOR ELDERLY PERSONS**



➤ **SUPPORT THE POOR & NEEDY PERSON AT FAR-FLUNG AREAS OF CHAURAI BLOCK DURING FLOOD**



➤ VISITS OF DIGNITARIES

Date	Name	Post	Purpose
21.01.2021	Mr. Sanddep Rajak	State Commissioner – Persons with Disability, Madhya Pradesh	Official and Social
05.06.2020	Mr. Gajendra Singh Nagesh	Upper Collector / Chief Executive Officer, Jila Panchayat, Chhindwara (MP)	Official and Social
10.07.2020	Er. S.K. Gupta	Addl. Chief Executive Officer, Jila Panchayat, and Deputy Director – Social Justice & Disabled Welfare, Chhindwara (MP)	Official and Chief Guest in Kit Distribution Prog.
08.01.2021	Mr. Subesh Chaudhary	SET-National Institute for Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment, Gol.	Official
08.01.2021	Mr. Mukesh Manocha	VT- National Institute for Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment, Gol.	Official
08.01.2021	Mr. C. L. Maravi	Chief Executive Officer, Janpad Panchayat, Chhindwara (MP)	Spl. Guest in Kit Distribution Prog.
25.02.2021	Mr. Shishir Kumar	Director – Nman Sewa Samiti,	Official and Social



कोरोना योद्धा के रूप में दिया प्रशंसा पत्र



छिंदवाड़ा @ पत्रिका. आधार फाउण्डेशन द्वारा आयोजित एक कार्यक्रम में मुख्यमंत्री राजेश साहू द्वारा कामठी मोर्टल के जनय दूराड को कोरोना योद्धा के रूप में प्रशंसा पत्र देवार सम्मानित किया गया। ज्ञात हो कि अनुरोध प्रशंसा पत्र दूराड को उनके द्वारा श्रमिक शिविर में लगभग चार हजार श्रमिकों को लगातार 45 दिन भोजन एवं अन्य सुविधाएं उपलब्ध कराने के लिए दिया गया। दूराड ने बताया कि यह कार्य दुग्ध फाउण्डेशन एवं कामठी मोर्टल के कार्यवाहियों के सहयोग से सम्भव हो सका।

दिव्यांगों को आधार फाउण्डेशन दे रहा परामर्श



छिंदवाड़ा
परामर्श प्रदान किया जा रहा है। इस दूरदर्शन के क्षेत्र में जनेकले दिव्यांग जनों एवं उनके अधिकारकों को टेलेफोनिक सहायता पर परामर्श व सुझाव दिए जा रहे हैं। लोकेशन के बरतन के बौद्धिक विकास करने पर या है उन्हें और उनके बाल-पिता को अधिक जानकारी पर सहायक कार्य पर दूराड ने दिव्यांग उपाय करीक संतुलन सिद्ध रहा है। यह संस्था अपने काम में निरंतरता बना कर से दिव्यांग जनों को उनके घर पर से शिक्षण प्रदान की गयी है।

जीवन के विचारधारा, ज्ञान-साधन से सम्बन्धित प्रशिक्षण, ज्ञानी ज्ञान की शक्ति, शौकिक व तक-विशेषता का विकास प्रोत्साहन रहता है। विगत 40 दिनों में आधार फाउण्डेशन 200 जसगत मंग-परिचाली, कुचबली व दिव्यांग श्रमिकों को हजार कार्य, शैक्षणिक, स्वास्थ्य व अन्य सहायता की जसगी, का उपाय स्वीकृत साम्य निःशुल्क-विहित कर चुकी है। संस्था के निदेशक मोहन सिंह ने बताया कि लोकेशन के समय बौद्धिक व मानसिक, कर्तव्य-सहायक, सहायक, जने-विशेषता में जसगत, तथा मंग-विशेषता में श्रमिक-सहायक-बौद्धिकों को शौचाली से सुशिक्षित उपाय-अधिकारकों के द्वारा की-चुकी है-स्वीकृत करने में जनेकले से जनेकले को जसगत कर लेते है जब सत्ता को विदेशिक व अन्य-व-शैक-आधार-व-मिलने के बरतन बौद्धिक-सहायक का उपाय

आधार फाउण्डेशन ने विश्व डाउन सिंड्रोम दिवस पर अभिभावकों को किया जागरूक

विश्व डाउन सिंड्रोम दिवस के अवसर पर आधार फाउण्डेशन के द्वारा जागरूकता कार्यक्रम आयोजित किया गया जिसमें अभिभावकों एवं सामान्यजन को जागरूक किया गया कि डाउन सिंड्रोम एक अनुवांशिक स्थिति है जिसमें क्रोमोजोम की संख्या आम लोगों से एक अधिक की वजह से 46 की जगह 47 होती है। जिसके कारण मस्तिष्क का ज्ञान क्षेत्र प्रभावित होता है जिसके परिणाम स्वरूप सीखने की प्रक्रिया एवं प्रतिक्रिया धीमी होती है। इन बच्चों को स्नेहपूर्ण व्यवहार एवं प्रशिक्षित कार्यकर्ताओं के द्वारा विधिवत रूप से शिक्षण एवं प्रशिक्षण दिया जाये तो इनका संपूर्ण विकास पूरी तरह से हो सकता है और ये समाज की मुख्यधारा में आकर आदर व सम्मान के साथ अपना जीवन जी सकते हैं। इस अवसर पर संस्था – आधार फाउण्डेशन, पोआमा, छिन्दवाड़ा के द्वारा जगह जगह पर अभिभावक और सामुदाय को पम्पलेट वितरण कर



जागरूक किया गया।



मास्क समेत भोजन का वितरण

छिंदवाड़ा @ पत्रिका. दिव्यांग बच्चों के लिए काम कर रही पोआमा की आधार फाउण्डेशन संस्था भी जरूरतमंदों को मास्क और भोजन का वितरण कर रही है। संस्था 26 मार्च से निरंतर जरूरतमंद लोगों को भोजन सामग्री दे रही है तो कई लोगों को तैयार भोजन भी निशुल्क दिया जा रहा है। संस्था के पदाधिकारियों ने बताया कि 37 जरूरतमंदों को एक साह का राशन उपलब्ध कराया गया है। 19 परिवारों के 56 सदस्यों



कराया जा रहा है। जरूरतमंद व्यक्तियों के भोजन के लिए संचालित दीनदयाल रसोई में 200 किलो टमाटर, 500 किलो गोभी, 200 किलो आलू तथा आटा, चावल, तेल व अन्य भोजन सामग्री

आधार फाउण्डेशन ने बांटे निःशुल्क मास्क

छिंदवाड़ा : बौद्धिक, शारीरिक व विकाससामक दिव्यांगताओं से ग्रसित व्यक्तियों के विकास एवं पुनर्वास हेतु संचालित संस्था आधार फाउण्डेशन पोआमा के कार्यकर्ताओं व दिव्यांगजनों ने वैश्विक महागरी कोविड-19 से बचाव हेतु प्राणीय व शहरी क्षेत्रों में 10 हजार मास्क सिलानर निःशुल्क वितरित किए। संस्था गिगत 26 मार्च से निरंतर जरूरतमंद व्यक्तियों को भोजन सामग्री, पका हुआ भोजन आदि की व्यवस्था निःशुल्क कर रही है। अभी तक 37 जरूरतमंद परिवारों को एक माह का राशन उपलब्ध कराया गया है तथा 19 परिवारों के 56 सदस्यों को नियमित भोजन उपलब्ध कराया जा रहा है। जरूरतमंद व्यक्तियों के भोजन से संचालित दीनदयाल रसोई में कोरोना हेल्पलाइन व सहयोगी समाजसेवी यहाँ के सहयोग से 200 किलो टमाटर, 500 किलो गोभी,